Explore South Africa on a trip exclusive to the Master of Liberal Arts community.

Master of Liberal Arts

South Africa

June 21 to July 6, 2019
Cultural Diversity Amidst Natural Surroundings

South Africa represents one of the great cultural and environmental meeting points of the African continent. At the confluence of the Indian and Atlantic oceans is a country previously obscured by enforced racial segregation. After almost 25 years of non-racial democracy, South Africa’s physical layout is still shaped by its turbulent heritage, but also a desire to move on and embrace its natural landscape for everyone to enjoy.

A country that is approximately three times bigger than California, South Africa offers a wealth of natural beauty. Cape Town, Table Mountain, Boulders Beach and the Cape of Good Hope provide architectural diversity, rugged beauty, and the popular African penguins. Inland, are the Sterkfontein Caves near Johannesburg as well as the opportunity to spot the “big 5” of buffalo, elephant, leopard, lion, and rhino at Kruger National Park.

The “Rainbow Nation” of multicultural diversity is evident in many of its well known sites. Robben Island, District Six and the Apartheid Museum provide a lasting reminder of enforced racial segregation that persisted for more than 50 years. As an example of joint ownership between different cultural groups, the Solms-Delta Wine Estate in the Winelands offers visitors an insight into business program co-existence, as well as an invitation to taste wine and reflect in a beautiful setting.

An MLA travel experience is richer in every respect. You benefit from the expertise of our faculty, offering a personalized and intellectual experience. Combine that academic perspective with adventures shared with kindred MLA colleagues, and these have been the most enjoyable trips we’ve ever taken.”

LISA LAPIN, ‘15, TRAVELER ON THE 2015 MLA COSTA RICA AND 2013 GALAPAGOS EXPEDITIONS.

Professor Jim Campbell

James Campbell, professor of history at Stanford since 2008, teaches a wide variety of courses, including courses in American, African American, and South African history. He is particularly interested in the long history of interconnections and exchange between Africa and America. His current research focuses on questions of historical memory, exploring the stories that societies tell about themselves as well as the stories they choose not to tell or to forget, not only in history textbooks but also in museums, movies, memorials, and historic sites. He will be teaching a seminar on South Africa for the MLA program this fall.
Itinerary

U.S.  CAPE TOWN, SOUTH AFRICA
Day 1, 2 & 3 Friday to Sunday, June 21, 22 & 23
Depart from home on independently booked flights to Cape Town, South Africa. Upon arrival in Cape Town on Sunday, transfer to our boutique guesthouse, located in an urban sanctuary in the heart of the city just below Table Mountain. Our quaint lodgings are just a short walk from some of the city’s best local restaurants, bars and artisan stores on Kloof Street. Take the remainder of the day to recover from the long flight. This evening gather with fellow participants and staff for a welcome reception in our hotel.

CAPE TOWN BOUTIQUE HOTEL (R)

Day 4: Monday, June 24
Situated between Table Mountain and the Atlantic Ocean, Cape Town is often described as one of the world’s most beautiful cities. It is also a rare cultural gem resulting from the amalgamation of Indonesian, French, Dutch, British and German settlers; and several local tribes, including the Hottentot and Bantu. Enjoy an orientation tour of the city this morning, visiting Bo-Kaap, a neighborhood famous for housing Malay and Indonesian slaves during Cape Town’s formative years. Then ride a cable car to the summit of Table Mountain (weather permitting) to admire the spectacular view. After lunch at a local restaurant, visit the recently opened Zeitz Museum of Contemporary Art where a breathtaking collection of African art is on display. This evening, enjoy a welcome dinner at a local restaurant.

CAPE TOWN BOUTIQUE HOTEL (B,L,D)

Day 5: Tuesday, June 25
This morning, board a ferry to Robben Island, well-known during the struggle against apartheid for its detention of political leaders and activists, including Nelson Mandela, who spent most of his 27 years as a prisoner here. View the cell where Mandela was kept, and hear the stories of the many freedom fighters who continued to struggle from within the prison walls. Return to Cape Town for lunch at a restaurant on the V&A Waterfront. In the afternoon, visit District Six, a residential area once ravaged by apartheid policies. This evening enjoy dinner at a restaurant on Kloof Street near our hotel.

CAPE TOWN BOUTIQUE HOTEL (B,L,D)

Day 6: Wednesday, June 26
Travel along the Atlantic seaboard to the Cape of Good Hope Nature Reserve, location of the Cape of Good Hope and Cape Point promontories. Here the windswept terrain and soaring cliffs are home to rich and diverse fauna and unique flora. Take the funicular to Cape Point, the tip of the reserve and the most southwestern point of Africa. After lunch at a seaside restaurant, visit a colony of African penguins at Boulders Beach before returning to Cape Town in the late afternoon. Dinner this evening is on your own.

CAPE TOWN & CAPE OF GOOD HOPE BOUTIQUE HOTEL (B,L)

Day 7: Thursday, June 27
Today will be devoted to meeting with local community organizations and leaders to learn how Cape Town is addressing issues related to education, infrastructure and development. Lunch and dinner will be served at local restaurants.

CAPE TOWN BOUTIQUE HOTEL (B,L,D)

Day 8: Friday, June 28
After breakfast travel to the Winelands region and visit Solms-Delta Wine Estate. Established by a sixth-generation South African farmer and professor, Mark Solms, Solms Delta is a unique winery in which the workers and residents share in the ownership of the land and equity of the business. Tour the estate and hear about this pioneering organization while tasting some of their excellent wines. Continue to Boschendal Wine Estate in the Franschhoek Valley for lunch before returning to Cape Town for an independent evening.

CAPE TOWN / WINELANDS BOUTIQUE HOTEL (B,L)
Cape Town → Johannesburg

Day 9: Saturday, June 29

Following an early breakfast, check out of our hotel and transfer to the airport for our flight to Johannesburg. Upon arrival at Lanseria Airport, drive to nearby Maropeng and visit the Cradle of Humankind. This UNESCO World Heritage site is dedicated to the history of early man. At the Maropeng Visitor Center, an exhibition explains the development of humans and hominins and displays important fossils from the area. After lunch at a local restaurant, visit the Sterkfontein Caves, a complex of limestone caves where the 2.3-million-year-old fossil Australopithecus africanus was discovered in 1947. Continue to Johannesburg and check into our hotel in the Sandton area, where we’ll enjoy dinner. FAIRLAWNS HOTEL (B,L,D)

Johannesburg / Pretoria

Day 10: Sunday, June 30

Today we’ll discover Pretoria, South Africa’s administrative capital and home to universities and government buildings. The semicircular Union buildings encompass the president’s offices and hosted Nelson Mandela’s inauguration. Nearby is the Voortrekker Monument, which honors the 19th-century Afrikaans settlers from the Cape Colony. After lunch we’ll visit the Hector Petersen Memorial and the Mandela House National Museum before returning to Johannesburg in the late afternoon. This evening, pending performance schedules, enjoy a show at the Market Theatre in the inner-city suburb of Newtown. FAIRLAWNS HOTEL (B,L)

Johannesburg → Northern Kruger National Park

Day 11: Monday, July 1

Check out of our hotel and visit the Apartheid Museum. Opened in 2001, the Apartheid Museum details the rise and fall of apartheid in the 20th century. Continue to the airport and board a chartered flight to Pafuri Camp in the Makuleke Concession of Northern Kruger National Park. The camp is run by an organization that works in partnership with local communities that own the land in the wilderness areas where it operates. Enjoy lunch on arrival at camp and head out on our first safari this afternoon. PAFURI CAMP (B,L,D)

Northern Kruger National Park

Day 12, 13, 14: Tuesday, July 2 - Thursday July 4

Savor three full days of safari in 4x4 vehicles with your experienced guides in search of wildlife. Large herds of elephants roam the area along with a healthy population of buffalo and leopards. There are also hundreds of species of birds. Game drives take place in the early mornings and late afternoons, to take advantage of the most active times for wildlife. Return to our camp in the evenings and share stories from the day’s sightings with your fellow travelers at dinner. PAFURI CAMP (B,L,D all 3 days)

Northern Kruger National Park → Johannesburg → U.S.

Day 15, 16: Friday, July 5 & Saturday, July 6

Enjoy a last morning safari before taking a chartered flight to Johannesburg. Transfer to the international airport and check in for international flights home. (B) Arrive home on July 6.

Accommodation

Welgelgen Boutique Hotel

‘Welgelgen’ translates to ‘well situated,’ and our home base in Cape Town is just that. Our lodgings are in two Victorian houses, just a short walk from the bustling Kloof Street, where you can explore some of Cape Town’s best restaurants, bars and artisanal stores. Each room is unique; all are en-suite.

Fairlawns Hotel

The Fairlawns Hotel has been transformed from a private manor house to the lovely full-service boutique hotel and spa we will enjoy during our two nights in Johannesburg. Fairlawns offers beautifully appointed rooms with en-suite bathrooms, lush acres of landscaped gardens, and an air of ‘eclectic sophistication.’

Pafuri Camp

Pafuri Camp is situated in the Makuleke concession of Northern Kruger National Park with beautiful views over the Luvuvhu River. Consisting of 19 permanent tents built on wooden platforms, the camp offers deluxe accommodations and excellent wildlife viewing. Each tent has its own en-suite bathroom facilities with shower, toilet and sink. Meals are served in the outdoor dining area and guests can gather in the open communal spaces, which include a lounge, bar and swimming pool.

Pafuri Camp, Northern Kruger National Park
Information

Dates
June 21 to July 6, 2019 (16 days with travel time)

Size
This program is limited to 22 participants.

Cost
Double Occupancy: $8,495 per person
Single Occupancy: $10,495 per person (limited availability)

Cost Includes
» 12-nights of deluxe hotel and safari camp accommodations
» Meals as indicated in the itinerary (B = Breakfast, L = Lunch, D = Dinner)
» Gratuities for local guides, drivers, porters, waiters and tour staff
» Airport group transfers upon arrival in Cape Town and departure from Johannesburg
» All excursions, entry fees and activities as described in the itinerary
» Local English speaking guides throughout the itinerary
» Educational program with a lecture series and pre-departure materials
» Minimal medical, accident and evacuation insurance
» Services of an experienced tour manager to assist you

Not Included
» International and U.S. domestic airfare
» Passport and fees
» Immunization costs
» Meals and beverages other than those specified as included
» Independent and private transfers
» Trip-cancellation/interruption and baggage insurance
» Excess-baggage charges
» Personal items such as internet access, telephone and fax calls, laundry and gratuities for non-group services

Air Arrangements
International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on United from San Francisco to Cape Town (CPT), returning out of Johannesburg (JNB) starts from $1300 as of June 2018 and is subject to change without notice.

What to Expect
We consider this to be a moderately strenuous program that is at times demanding and busy. Daily excursions may involve one to two miles of walking, sometimes on uneven terrain. While in Kruger National Park, we use open-air safari vehicles for our wildlife viewing drives, which take place in the early mornings and late afternoons. These drives may last several hours at a time and can be dusty and bumpy, as roads in the park are unpaved. Participants should be physically fit, in good health and able to keep up with an active group of travelers. We recommend travelers 15 years of age and older. Please note that our chartered flight from Johannesburg to Pafuri Camp has a strict weight limit of 33 pounds per person in checked luggage plus 13 pounds per person in carry-on items such as a backpack or camera bag. Only soft-sided bags will be allowed on the aircraft. Excess luggage will be stored in Johannesburg by the charter company.
Terms and Conditions

Deposit and Final Payment
A $1,000-per-person deposit is required to book space for this program, along with a completed reservation form. Final payment is due 120 days prior to departure. As a condition of participation, all participants are required to sign a Release of Liability.

Cancellations and Refunds
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can only be made if the program is sold out and your space can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. A brochure offering such insurance will be provided to U.S. residents with their welcome materials. The product offered in this brochure includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in June 2018 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.
Reservation Form

MLA South Africa
JUNE 21- JULY 6, 2019

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☐ I / we have read the Terms and Conditions and agree to them

SIGNATURE

SHARING
If this is a reservation for one person, please indicate:

☐ I wish to have single accommodations.

OR ☐ I plan to share accommodations with: ________________________________________________________________

OR ☐ I'd like to know about possible roommates.

BED PREFERENCE
☐ Twin Beds

OR ☐ Queen Bed

DEPOSIT
Here is my deposit of $________ ($1,000 per person) for ____ space(s) on the trip.

☐ Enclosed is my check (make payable to Stanford Alumni Association and return with completed form)

OR ☐ Charge my deposit to my: ☐ Visa ☐ MasterCard ☐ American Express

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AUTHORIZED CARDHOLDER SIGNATURE

Mail completed form to 326 Galvez Street, Stanford, CA 94305 or fax to (650) 725-8675. Please submit your reservation only once to avoid multiple charges to your account.